

The Washington Manual Neurology Survival Guide Survival Guide Series

The Washington Manual Obstetrics and Gynecology Survival Guide
Field Guide to Wilderness Medicine E-Book
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Care and Use of Mammals in Neuroscience and Behavioral Research
The Washington Manual Pulmonary Medicine Subspecialty Consult
Managing Chronic Pain
Pocket Neurology
Neurological, Psychiatric, and Developmental Disorders

The Washington Manual Obstetrics and Gynecology Survival Guide

Written by Washington University house staff and faculty, this pocket guide is a quick reference for the hospital practice of psychiatric medicine in the inpatient psychiatric, consultation, and emergency settings. Each section addresses the most frequently encountered problems in these clinical settings and offers practical suggestions on how to obtain information, generate reasonable differential diagnoses, discriminate among diagnoses, and document clinical decisions. The book includes "Style Pointer" sections on patient interview skills and ED Rounds that outline clinical reasoning algorithms in the emergency setting. Class Notes sections explain how to concisely and thoroughly document patient encounters, emphasizing difficult medical-legal situations. The Washington Manual® Psychiatry Survival Guide is also available electronically for handheld computers. See PDA listing for details. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from

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Washington University.

Field Guide to Wilderness Medicine E-Book

Surviving Manic Depression is the most comprehensive, up-to-date book on the disorder that affects more than two million people in the United States alone. Based on the latest research, it provides detailed coverage of every aspect of the disorder. All aspects of the disease are addressed: symptoms, with many direct descriptions from patients themselves, risk factors, onset and cause, medications (including drugs still in the testing stage), causes, psychotherapy, and rehabilitation and how the disease affects children and adolescents. Here too are discussions of special problems related to manic-depressive disorder, including alcohol and drug abuse, violent behavior, medication noncompliance, suicide, sex, AIDS, and confidentiality. Surviving Manic Depression also includes special features such as a listing of selected websites, videotapes, and other resources.

Washington Manual Outpatient Medicine Survival Guide

Written by residents, fellows, and attending physicians, this handbook is ideal for residents called on to do an inpatient consult, for students working on an inpatient medicine service, and for specialists seeking information on pulmonology and

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general internal medicine management. Chapters cover pulmonary function testing, respiratory failure, hemoptysis, solitary pulmonary nodule, community-acquired pneumonia, pulmonary embolus, and much more. Coverage includes a section on the appropriate conduct and approach of a medical consultant and reviews of selected clinical trials.

Internal Medicine

"As an intern you will encounter many new challenges. These will range from very simple to most complex. Please remember that you have acquired the tools to address this adversity. And, even when you feel most overwhelmed, you are undoubtedly surrounded by a wealth of available resources that include ancillary and nursing staff, fellow interns, senior residents and attending physicians. Although the year ahead of you may now seem long and daunting, your tasks (other than survival) are quite achievable. The following competencies/milestones were copied from the curriculum for the in-patient general medicine rotation for the internship program at Washington University School of Medicine and Barnes-Jewish Hospital. You can see that not only are the objectives quite simple, but your rigorous work in medical school has well prepared you to master many of your goals. Throughout the year, use these objectives as a checklist to remind yourself of your accomplishments and to guide your learning in potential areas of weakness. - Patient care: o Gather accurate information about patients, including

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performing a thorough history and physical examination. o Synthesize data into a prioritized problem list and differential diagnosis, and then formulate diagnostic and therapeutic plans. o Prioritize each day's work. o Know the indications, contraindications, and risks of some invasive procedures and competently perform some invasive procedures"--Provided by publisher.

Immunization Safety Review

This comprehensive atlas presents the clinical practice of neonatal EEG through text, references, and detailed figures demonstrating normal and abnormal features of the neonatal EEG from the most premature infant to one month post-term. Each chapter contains dozens of full-page EEG images, along with detailed legends that place them in context, to emphasize specific components of the neonatal EEG as a benchmark for recognizing signature characteristics and interpreting clinical data. For the new Fourth Edition, Eli Mizrahi and Richard Hrachovy, established authorities in neonatal neurophysiology, have distilled the advances of the last ten years and provided the latest and best references for each chapter, updating their indispensable atlas to reflect current research and practice throughout. Atlas of Neonatal Electroencephalography is a singular atlas, unrivaled in the breadth of its coverage and level of detail in presenting examples of normal and abnormal recordings of neonatal EEG patterns at varying young ages. This edition includes many new digital figures which emphasize findings in the premature infant,

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artifacts, and abnormal features, and expanded discussions of age-dependent features of sleep and bedside monitoring. Designed to appeal to practicing neurologists, neurophysiologists, epileptologists, and electroneurodiagnostic technologists, this book is a must-have for anyone involved in recording and interpreting neonatal EEG readouts. Trainees will also find this atlas to be an approachable and an essential guide to the development of the infant brain. Key Features: Contains more than 250 EEG figures, including more than 60 new to this edition Presents comprehensive full-page examples of neonatal EEG from prematurity to term Includes chapters on approach to visual analysis and interpretation, technical aspects of recording, artifacts, normal neonatal EEG of premature and term infants, patterns of uncertain diagnostic significance, abnormal neonatal EEG of premature and term infants, and neonatal seizures Updated to reflect current references and clinical practice guidelines Comprehensive review and synthesis of historical and current medical literature relating to neonatal EEG

The Teenage Brain

Neurology Board Review: Questions and Answers is an easy to read guide that was created to prepare the reader for the American Board of Psychiatry and Neurology (ABPN) certification and recertification exams. It was specifically designed to cover the topics listed in the ABPN content outline, which should be used in tandem with

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this book, and includes questions about recent practice parameters published by the American Academy of Neurology. Formatted in a user-friendly way, utilizing case-based and multiple choice questions, this book promotes absorption of key facts and neurological concepts quickly and on-the-go. This authoritative resource provides an in-depth look at basic neuroscience, critical care and trauma, cerebrovascular diseases, movement disorders, neuromuscular diseases, psychiatry, behavioral neurology, clinical neurophysiology, headaches and pain, metabolic disorders, pediatric neurology and sleep disorders. With over 1,000 questions, Neurology Board Review illustrates key concepts using short and pithy explanations; including informative illustrations, descriptive tables, and a list of further readings at the end of each section. This is the perfect study aid for residents and neurologists alike.

Surviving Manic Depression

Pediatric neurology presents so many challenges unique to young patients that it is in many ways a very different discipline from adult neurology. To help readers address these challenges, the Handbook of Pediatric Neurology uses a handy pocket format and streamlined organization to address the management of hospital- and clinic-based pediatric neurological work-up, diagnosis, and management. This practical handbook will appeal not only to pediatric neurologists, but also to pediatricians, adult neurologists and internal medicine

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physicians. • Timely coverage helps readers keep pace with the rapidly changing diagnostic tools, medications, and interventions. • Summary and outline format allows readers to access essential facts at a glance. • Practical organization presents each category of disorder, along with a focused differential diagnosis and clear management guidelines. • References provide guides to further investigation.

Becoming Alive

A New York Times Bestseller Renowned neurologist Dr. Frances E. Jensen offers a revolutionary look at the brains of teenagers, dispelling myths and offering practical advice for teens, parents and teachers. Dr. Frances E. Jensen is chair of the department of neurology in the Perelman School of Medicine at the University of Pennsylvania. As a mother, teacher, researcher, clinician, and frequent lecturer to parents and teens, she is in a unique position to explain to readers the workings of the teen brain. In *The Teenage Brain*, Dr. Jensen brings to readers the astonishing findings that previously remained buried in academic journals. The root myth scientists believed for years was that the adolescent brain was essentially an adult one, only with fewer miles on it. Over the last decade, however, the scientific community has learned that the teen years encompass vitally important stages of brain development. Samples of some of the most recent findings include: Teens are better learners than adults because their brain cells more readily "build" memories. But this heightened adaptability can be hijacked by addiction, and the

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adolescent brain can become addicted more strongly and for a longer duration than the adult brain. Studies show that girls' brains are a full two years more mature than boys' brains in the mid-teens, possibly explaining differences seen in the classroom and in social behavior. Adolescents may not be as resilient to the effects of drugs as we thought. Recent experimental and human studies show that the occasional use of marijuana, for instance, can cause lingering memory problems even days after smoking, and that long-term use of pot impacts later adulthood IQ. Multi-tasking causes divided attention and has been shown to reduce learning ability in the teenage brain. Multi-tasking also has some addictive qualities, which may result in habitual short attention in teenagers. Emotionally stressful situations may impact the adolescent more than it would affect the adult: stress can have permanent effects on mental health and can lead to higher risk of developing neuropsychiatric disorders such as depression. Dr. Jensen gathers what we've discovered about adolescent brain function, wiring, and capacity and explains the science in the contexts of everyday learning and multitasking, stress and memory, sleep, addiction, and decision-making. In this groundbreaking yet accessible book, these findings also yield practical suggestions that will help adults and teenagers negotiate the mysterious world of adolescent development.

The Washington Manual Psychiatry Survival Guide

Becoming Alive draws on the Winnicottian idea of transitional objects, and puts

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forward the argument that human beings relate to and use objects in order to generate experiences of 'being alive'.

Unbroken

For the past 65 years, The Washington Manual® of Medical Therapeutics, now in its Thirty-Fourth Edition, has been one of the best-selling medical texts in the world. It builds upon that proud tradition--with even more of the current information you need, and delivered in a time-saving, quick-reference style. Its comprehensiveness and ease of access makes it a favorite on-call resource for housestaff and faculty around the world. Continuing the tradition of excellence, each chapter has been updated and reformatted for easier access to the information the reader needs. Inside this edition you'll find

- New streamlined format that helps you keep pace with the latest advances in the field while removing redundancies and outdated information
- New chapter on toxicology prepares you to respond effectively to any poisoning, overdose, or exposure emergency
- Decision support algorithms for quick reference

See why The Washington Manual® is the most vital on-call resource for house staff and faculty around the world!

The Washington Manual of Medical Therapeutics

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The Washington Manual® Obstetrics and Gynecology Survival Guide provides all the essential obstetrics and gynecology information that every intern needs on the wards. The Obstetrics section is subdivided into antepartum, medical complications of pregnancy, intrapartum, postpartum, and ultrasound and genetics. The Gynecology section covers general gynecology, gynecologic infectious diseases, contraception, urogynecology, reproductive endocrinology and infertility, and gynecologic oncology.

Neurological Disorders

How we raise young children is one of today's most highly personalized and sharply politicized issues, in part because each of us can claim some level of "expertise." The debate has intensified as discoveries about our development-in the womb and in the first months and years-have reached the popular media. How can we use our burgeoning knowledge to assure the well-being of all young children, for their own sake as well as for the sake of our nation? Drawing from new findings, this book presents important conclusions about nature-versus-nurture, the impact of being born into a working family, the effect of politics on programs for children, the costs and benefits of intervention, and other issues. The committee issues a series of challenges to decision makers regarding the quality of child care, issues of racial and ethnic diversity, the integration of children's cognitive and emotional development, and more. Authoritative yet accessible,

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From Neurons to Neighborhoods presents the evidence about "brain wiring" and how kids learn to speak, think, and regulate their behavior. It examines the effect of the climate-family, child care, community-within which the child grows.

Strategies to Improve Cardiac Arrest Survival

Written by residents for residents, Pocket Neurology, 2nd Edition is your go-to resource for essential neurologic information in a high-yield, easy-to-use format. Concise and well organized, it provides must-know information on hospital- and clinic-based neurologic workup, diagnosis, and management. The second edition of this pocket-sized bestseller delivers highly relevant adult neurologic coverage in an easily portable source. Find what you need quickly and easily with concise text, numerous tables, and bulleted lists throughout. Progress logically from neurologic signs and symptoms to differential diagnosis, workup and diagnosis, assessment of risks and benefits of available treatments, to treatment and prognosis. Focus on the most important, highly relevant facts thanks to a, streamlined presentation that allows for more algorithms, tables, diagrams, and images. Stay up to date in every area of neurology with significantly revised chapters on stroke, epilepsy, dementia, and MS, and more drug dosing information regarding inpatient care. Consult this high-yield handbook by clinical presentation, such as coma, stroke, headaches, and seizures, or by special topic, such as neuroimaging, behavioral neurology, and sleep medicine. Learn from neurology residents and beginning

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neurology fellows in collaboration with attending neurologists at the Massachusetts General Hospital, Brigham and Women's Hospital, Children's Hospital Boston, and Beth Israel Deaconess Medical Center.

The Washington Manual of Oncology

The Washington Manual® Outpatient Medicine Survival Guide covers the most common diseases and situations encountered in an outpatient clinic and includes sections on key history and physical examination findings, red flags to look for, and advice on what to tell the patient.

The Washington Manual Surgery Survival Guide

What is the difference between having empathy and being an empath? "Having empathy means our heart goes out to another person in joy or pain," says Dr. Judith Orloff "But for empaths it goes much farther We actually feel others' emotions, energy, and physical symptoms in our own bodies, without the usual defenses that most people have." With The Empath's Survival Guide, Dr. Orloff offers an invaluable resource to help sensitive people develop healthy coping mechanisms in our high-stimulus world—while fully embracing the empath's gifts of intuition, creativity, and spiritual connection. In this practical and empowering

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book for empaths and their loved ones, Dr. Orloff begins with self-assessment exercises to help you understand your empathic nature, then offers potent strategies for protecting yourself from overwhelm and replenishing your vital energy For any sensitive person who's been told to "grow a thick skin," here is your lifelong guide for staying fully open while building resilience, exploring your gifts of deep perception, raising empathic children, and feeling welcomed and valued by a world that desperately needs what you have to offer.

The Washington Manual Geriatrics Subspecialty Consult

Brain disorders—neurological, psychiatric, and developmental—now affect at least 250 million people in the developing world, and this number is expected to rise as life expectancy increases. Yet public and private health systems in developing countries have paid relatively little attention to brain disorders. The negative attitudes, prejudice, and stigma that often surround many of these disorders have contributed to this neglect. Lacking proper diagnosis and treatment, millions of individual lives are lost to disability and death. Such conditions exact both personal and economic costs on families, communities, and nations. The report describes the causes and risk factors associated with brain disorders. It focuses on six representative brain disorders that are prevalent in developing countries: developmental disabilities, epilepsy, schizophrenia, bipolar disorder, depression, and stroke. The report makes detailed recommendations of

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ways to reduce the toll exacted by these six disorders. In broader strokes, the report also proposes six major strategies toward reducing the overall burden of brain disorders in the developing world.

The Washington Manual Neurology Survival Guide for Pda

Cardiac arrest can strike a seemingly healthy individual of any age, race, ethnicity, or gender at any time in any location, often without warning. Cardiac arrest is the third leading cause of death in the United States, following cancer and heart disease. Four out of five cardiac arrests occur in the home, and more than 90 percent of individuals with cardiac arrest die before reaching the hospital. First and foremost, cardiac arrest treatment is a community issue - local resources and personnel must provide appropriate, high-quality care to save the life of a community member. Time between onset of arrest and provision of care is fundamental, and shortening this time is one of the best ways to reduce the risk of death and disability from cardiac arrest. Specific actions can be implemented now to decrease this time, and recent advances in science could lead to new discoveries in the causes of, and treatments for, cardiac arrest. However, specific barriers must first be addressed. Strategies to Improve Cardiac Arrest Survival examines the complete system of response to cardiac arrest in the United States and identifies opportunities within existing and new treatments, strategies, and research that promise to improve the survival and recovery of patients. The

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recommendations of Strategies to Improve Cardiac Arrest Survival provide high-priority actions to advance the field as a whole. This report will help citizens, government agencies, and private industry to improve health outcomes from sudden cardiac arrest across the United States.

The Washington Manual Pediatrics Survival Guide

Relates the story of a U.S. airman who survived when his bomber crashed into the sea during World War II, spent forty-seven days adrift in the ocean before being rescued by the Japanese Navy, and was held as a prisoner until the end of the war.

AJCC Cancer Staging Manual

Now in a fully revised and updated Second Edition, Practical Neurology Visual Review previously known as (Practical Neurology DVD Review) continues to be a powerful educational tool for mastering the clinical practice of neurologic diagnosis. The book opens new venues for teaching and learning the essentials of neurology by utilizing an interactive patient-based audiovisual electronic format.

Washington Manual of Patient Safety and Quality Improvement

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Firefighters are taught to battle flames. Police learn to respond quickly to 911 calls. So why are so few health officials prepared for public health crises? The Public Health Crisis Survival Guide is here to help. Whether it's an infectious disease outbreak, a scathing news report, or a sudden budget calamity, this book gives public health readers an honest and practical overview of what to do when things go wrong -- not just to survive, but to lead and thrive in the most difficult circumstances. With examples drawn from history, recent headlines, and the author's own experience at the local, state, and federal levels, this book covers:

- how to recognize, manage, and communicate in a crisis
- how to pivot from managing a crisis to advocating for long-term policy change that can prevent the crisis from happening again
- how to awaken a sense of crisis on a longstanding problem to generate momentum for change
- taboo topics, including whether and how to apologize for mistakes

Written by a voice of experience, practicality, and good humor, The Public Health Crisis Survival Guide will be a source of enrichment and reassurance for the next generation of public health students and practitioners.

Handbook of Pediatric Neurology

This handbook is a practical guide for medical students, residents, and fellows treating older adults. It was prepared by residents and fellows in internal medicine, geriatrics, cardiology, ophthalmology, rheumatology, and urology, with faculty

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advisors from the Division of Nutrition and Aging. The authors provide a framework for approaching the important issues that arise in geriatrics and focus on key aspects of the evaluation and treatment of common geriatric disorders and consultations. Tables and appendices provide rapid point-of-care access to information such as cognitive and functional assessment tests and important drug interactions.

The Washington Manual Neurology Survival Guide

Americans have long recognized that investments in public education contribute to the common good, enhancing national prosperity and supporting stable families, neighborhoods, and communities. Education is even more critical today, in the face of economic, environmental, and social challenges. Today's children can meet future challenges if their schooling and informal learning activities prepare them for adult roles as citizens, employees, managers, parents, volunteers, and entrepreneurs. To achieve their full potential as adults, young people need to develop a range of skills and knowledge that facilitate mastery and application of English, mathematics, and other school subjects. At the same time, business and political leaders are increasingly asking schools to develop skills such as problem solving, critical thinking, communication, collaboration, and self-management - often referred to as "21st century skills." Education for Life and Work: Developing Transferable Knowledge and Skills in the 21st Century describes this important set

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of key skills that increase deeper learning, college and career readiness, student-centered learning, and higher order thinking. These labels include both cognitive and non-cognitive skills- such as critical thinking, problem solving, collaboration, effective communication, motivation, persistence, and learning to learn. 21st century skills also include creativity, innovation, and ethics that are important to later success and may be developed in formal or informal learning environments. This report also describes how these skills relate to each other and to more traditional academic skills and content in the key disciplines of reading, mathematics, and science. Education for Life and Work: Developing Transferable Knowledge and Skills in the 21st Century summarizes the findings of the research that investigates the importance of such skills to success in education, work, and other areas of adult responsibility and that demonstrates the importance of developing these skills in K-16 education. In this report, features related to learning these skills are identified, which include teacher professional development, curriculum, assessment, after-school and out-of-school programs, and informal learning centers such as exhibits and museums.

The Empath's Survival Guide

Although there are several gaps in understanding the many issues related to neurological disorders, we know enough to be able to shape effective policy responses to some of the most common. This book describes and discusses the

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increasing public health impact of common neurological disorders such as dementia, epilepsy, headache disorders, multiple sclerosis, neuroinfections, neurological disorders associated with malnutrition, pain associated with neurological disorders, Parkinson's disease, stroke and traumatic brain injuries. It provides information and advice on public health interventions that may reduce their occurrence and consequences, and offers health professionals and planners the opportunity to assess the burden caused by these disorders. The clear message that emerges is that unless immediate action is taken globally, the neurological burden is likely to become an increasingly serious and unmanageable.

From Neurons to Neighborhoods

The American Joint Committee on Cancer's Cancer Staging Manual is used by physicians throughout the world to diagnose cancer and determine the extent to which cancer has progressed. All of the TNM staging information included in this Sixth Edition is uniform between the AJCC (American Joint Committee on Cancer) and the UICC (International Union Against Cancer). In addition to the information found in the Handbook, the Manual provides standardized data forms for each anatomic site, which can be utilized as permanent patient records, enabling clinicians and cancer research scientists to maintain consistency in evaluating the efficacy of diagnosis and treatment. The CD-ROM packaged with each Manual contains printable copies of each of the book's 45 Staging Forms.

The Washington Manual Internship Survival Guide

Internal Medicine: Intern Survival guide is not just for interns, but essential for all primary care providers! The second edition has been updated through 7/2018 with the most current, evidence-based approaches to caring for major conditions commonly seen in patients in both the inpatient and outpatient environments.

Neurology Board Review

The Washington Manual® Pediatrics Survival Guide encapsulates the critical knowledge essential for a successful pediatric residency. The book includes chapters on "floor" survival, writing prescriptions, calculating IV fluids and feeds, laboratory reference values, and formulary information. A chapter on adolescent medicine addresses topics such as STDs, eating disorders, and suicide.

The Public Health Crisis Survival Guide

This eighth and final report of the Immunization Safety Review Committee examines the hypothesis that vaccines, specifically the measles-mumps-rubella (MMR) vaccine and thimerosal-containing vaccines, are causally associated with autism. The committee reviewed the extant published and unpublished

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epidemiological studies regarding causality and studies of potential biologic mechanisms by which these immunizations might cause autism. Immunization Safety Review: Vaccines and Autism finds that the body of epidemiological evidence favors rejection of a causal relationship between thimerosal-containing vaccines and autism. The book further finds that potential biological mechanisms for vaccine-induced autism that have been generated to date are only theoretical. It recommends a public health response that fully supports an array of vaccine safety activities and recommends that available funding for autism research be channeled to the most promising areas. The book makes additional recommendations regarding surveillance and epidemiological research, clinical studies, and communication related to these vaccine safety concerns.

Survival Strategies for Parenting Your ADD Child

The Washington Manual of Critical Care is a concise pocket manual for physicians and nurses. It is distinguished from the multitude of other critical care handbooks on the market by its consistent presentation of algorithms displaying the decision-making pathways used in evaluating and treating disorders in the ICU. The new edition transitions to a full color format and will include coverage of Deep Venous Thrombosis/Pulmonary Embolism, fetal-maternal critical care, C difficile infection, and alternative hemodynamic monitoring.

The Washington Manual Infectious Diseases Subspecialty Consult

Provides strategies for dealing with problem behavior and low self-esteem in children with ADD and the stress it brings

Education for Life and Work

Based on Dr. Auerbach's renowned Wilderness Medicine text, Field Guide to Wilderness Medicine, 5th Edition, is your portable, authoritative guide to the full range of medical and emergency situations that occur in non-traditional settings. Useful for experienced physicians as well as advanced practice providers, this unique medical guide covers an indispensable range of topics in a well-illustrated, highly condensed format - in print or on any mobile device - for quick access anytime, anywhere. An easy-access presentation ensures rapid retrieval and comprehension of wilderness medical information, with "Signs and Symptoms" and "Treatment" sections, bulleted lists, and quick-reference text boxes in every chapter. All chapters are thoroughly up to date, including new information on travel medicine, medications, immunizations, and field treatment of common conditions. Step-by-step explanations from wilderness medicine experts cover the clinical presentation and treatment of a full range of wilderness emergencies and

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show you how to improvise with available materials. Comprehensive coverage includes dive medicine and water-related emergencies, mountain medicine and wilderness survival, global humanitarian relief and disaster medicine, high-altitude medicine, pain management, and much more. Line drawings and color plates help you quickly and accurately identify skin manifestations, plants, poisonous mushrooms, snakes, insects, and more. Useful appendices address everything from environment-specific situations to lists of essential supplies, medicines, and many additional topics of care.

Atlas of Neonatal Electroencephalography, Fourth Edition

Concise, portable, and user-friendly, The Washington Manual® of Patient Safety and Quality Improvement covers essential information in every area of this complex field. With a focus on improving systems and processes, preventing errors, and promoting transparency, this practical reference provides an overview of PS/QI fundamentals, as well as insight into how these principles apply to a variety of clinical settings. Part of the popular Washington Manual® series, this unique volume provides the knowledge and skills necessary for an effective, proactive approach to patient safety and quality improvement.

The Washington Manual of Critical Care

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This survival guide provides all the information that is essential for a surgical internship, including daily routine, rounds, chart reviews, preoperative and postoperative care, operating room conduct, radiology, critical care, and interaction with families, colleagues, and allied health professionals.

Comprehensive sections on common problems in general surgery, neurosurgery, orthopaedic surgery, urology, and plastic surgery present evaluation, diagnostic testing, and treatment in an easy-to-follow format. Other chapters cover crashing patients, tubes and drains, bleeding, codes, and nutrition.

The Washington Manual® of Outpatient Internal Medicine

Continuing the tradition of excellence, each chapter has been updated and reformatted for easier access to the information the reader needs. This edition has a two-color design, color tabs for sections, and additional algorithms for diagnosis and treatment.

The Washington Manual of Medical Therapeutics

Chronic pain has a multitude of causes, many of which are not well understood or effectively treated by medical therapies. Individuals with chronic pain often report that pain interferes with their ability to engage in occupational, social, or

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recreational activities. Sufferers' inability to engage in these everyday activities may contribute to increased isolation, negative mood and physical deconditioning, which in turn can contribute to their experience of pain. Cognitive-behavioral therapy (CBT) has been proven effective at managing various chronic pain conditions, including rheumatoid arthritis, osteoarthritis, chronic back pain, and tension/migraine headache. The CBT treatment engages patients in an active coping process aimed at changing maladaptive thoughts and behaviors that can serve to maintain and exacerbate the experience of chronic pain. Overcoming Chronic Pain, Therapist Guide instills all of these empirically validated treatments into one comprehensive, convenient volume that no clinician can do without. By presenting the basic, proven-effective CBT methods used in each treatment, such as stress management, sleep hygiene, relaxation therapy and cognitive restructuring, this guide can be used to treat all chronic pain conditions with success. Treatments That Work™ represents the gold standard of behavioral healthcare interventions! DT All programs have been rigorously tested in clinical trials and are backed by years of research DT A prestigious scientific advisory board, led by series Editor-In-Chief David H. Barlow, reviews and evaluates each intervention to ensure that it meets the highest standard of evidence so you can be confident that you are using the most effective treatment available to date DT Our books are reliable and effective and make it easy for you to provide your clients with the best care available DT Our corresponding workbooks contain psychoeducational information, forms and worksheets, and homework assignments

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to keep clients engaged and motivated DT A companion website (www.oup.com/us/ttw) offers downloadable clinical tools and helpful resources DT Continuing Education (CE) Credits are now available on select titles in collaboration with PsychoEducational Resources, Inc. (PER)

Practical Neurology Visual Review

This updated edition presents the latest, most authoritative cancer management recommendations in the famous fast-access Washington Manual outline format. Reorganized into three major sections, this comprehensive text covers the principles of cytotoxic therapy, clinical research, and more.

Guidelines for the Care and Use of Mammals in Neuroscience and Behavioral Research

This electronic survival guide provides must-have information on the neurologic history and physical examination, neuroanatomy, specific neuroimaging techniques and diagnostic tools, and patient problems such as stroke, seizures, vertigo, dizziness, and ataxia, acute vision loss, headache, movement disorders, dementia, and sleep disorders. A listing of neurological Internet resources is included. Also Available for iPhone/iPod touch

The Washington Manual Pulmonary Medicine Subspecialty Consult

This survival guide provides must-have information on the neurologic history and physical examination, neuroanatomy, specific neuroimaging techniques and diagnostic tools, and patient problems such as stroke, seizures, vertigo, dizziness, and ataxia, acute vision loss, headache, movement disorders, dementia, and sleep disorders. A listing of neurological Internet resources is included. Compatibility: BlackBerry(R) OS 4.1 or Higher / iPhone/iPod Touch 2.0 or Higher /Palm OS 3.5 or higher / Palm Pre Classic / Symbian S60, 3rd edition (Nokia) / Windows Mobile(TM) Pocket PC (all versions) / Windows Mobile Smartphone / Windows 98SE/2000/ME/XP/Vista/Tablet PC

Managing Chronic Pain

Geared to primary care practitioners, this resource focuses on common ambulatory medical problems encountered in each medical subspecialty. The book has a quick-reference format with a standard chapter template, a bulleted style, numerous tables and figures, and a two-color design.

Pocket Neurology

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Prepared by residents and fellows, this consult manual covers the full spectrum of infectious disease problems. It offers clinicians valuable assistance in determining what infections the patient is at risk for, where and how (s)he acquired the infection, how to evaluate and manage the patient, and what complications to expect. Chapters on infections of each organ system begin with an approach to that organ system. Other topics covered include bioterrorism, sexually transmitted diseases, brucellosis, systemic mycoses, immunizations, and antimicrobials.

Neurological, Psychiatric, and Developmental Disorders

Expanding on the National Research Council's Guide for the Care and Use of Laboratory Animals, this book deals specifically with mammals in neuroscience and behavioral research laboratories. It offers flexible guidelines for the care of these animals, and guidance on adapting these guidelines to various situations without hindering the research process. Guidelines for the Care and Use of Mammals in Neuroscience and Behavioral Research offers a more in-depth treatment of concerns specific to these disciplines than any previous guide on animal care and use. It treats on such important subjects as: The important role that the researcher and veterinarian play in developing animal protocols. Methods for assessing and ensuring an animal's well-being. General animal-care elements as they apply to neuroscience and behavioral research, and common animal welfare challenges

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this research can pose. The use of professional judgment and careful interpretation of regulations and guidelines to develop performance standards ensuring animal well-being and high-quality research. Guidelines for the Care and Use of Mammals in Neuroscience and Behavioral Research treats the development and evaluation of animal-use protocols as a decision-making process, not just a decision. To this end, it presents the most current, in-depth information about the best practices for animal care and use, as they pertain to the intricacies of neuroscience and behavioral research.

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