

## Alex Grey 2017 Wall Calendar

Academic E-Books Myth & Magic Still Dark Aztlan Sacred Mirrors Brave Intuitive Painting-Let Go, Be Bold, Unfold! Sober Curious Fantastic Fungi The Husband's Secret Inventing Downtown My Tibet Floret Farm's Cut Flower Garden Art Psalms Lines & Dots Practicing Peace in Times of War The Mission of Art The Genius of Birds Transfigurations Kama Pootra Whitney Biennial 2019 The Dead Run Parable Visions - the Art of Cameron Gray Fairy Houses Nature of Mind Positive Creations Creative Revolution Ninth House Knock at the Door The Dalai Lama's Little Book of Inner Peace Moonwalking with Einstein Calendar Girl Always Maintain a Joyful Mind Big Little Man Damanhur Riders of the Purple Sage The Lakota Way FlipNet of Being Art/Work - Revised & Updated A Perfect Union of Contrary Things

### Academic E-Books

\*\*\*THE MILLION-COPY BESTSELLING DETECTIVE SERIES\*\*\* 'One of the best is Alex Gray' Literary Review 'Intensely exciting and atmospheric' Alexander McCall Smith 'Move over Rebus' Daily Mirror Crime always hides in the shadows . . .  
\_\_\_\_\_ New Year's Eve should be a time for celebrating. A chance to spend time with loved ones and look forward to the year ahead. For DSI William Lorimer, however, this New Year's Eve will be one that he will never forget. Called to a house after gunshots are reported, the carnage he finds there will have a powerful impact on his life - leaving him questioning his future with Police Scotland. Meanwhile, the man who eluded police capture during Lorimer's last investigation - the Quiet Release case involving the euthanasia of vulnerable patients - is back, and this time he's aligned with a powerful gangster from Glasgow's underworld. As Lorimer struggles to return to duty and stop this mystery killer once and for all, he discovers that there are forces high up within Police Scotland that are protecting the gangster that holds the key to finding the man they are looking for. Can Lorimer and his team get a killer off the streets for good before more innocent people die? Whether you've read them all, or whether you're coming to Alex Gray's highly acclaimed Lorimer series for the very first time, this is the perfect, page-turning winter read if you love Ann Cleeves, Val McDermid or Ian Rankin. \_\_\_\_\_ \*\*\*PRAISE FOR ALEX GRAY\*\*\* 'Convincing Glaswegian atmosphere and superior writing' The Times 'Brings Glasgow to life in the same way Rankin evokes Edinburgh' Daily Mail 'Exciting, pacy, authentic' Angela Marsons 'Sums up everything that is golden and enthralling about a good book' Fully Booked

### Myth & Magic

### Still Dark

Discovering a tattered letter that says she is to open it only in the event of her husband's death, Cecelia, a successful family woman, is unable to resist reading the letter and discovers a secret that shatters her life and the lives of two other women.

## **Aztlan**

With thrilling chills and crackling suspense, *The Dead Run* is an edgy novel set in the netherworld of the Mexican-American border from Adam Mansbach, the #1 New York Times bestselling author of *Go the F\*\*ck to Sleep and Rage Is Back*. On both sides of the border, girls are going missing and bodies are beginning to surface. It's a deadly epidemic of crime that plunges a small-town police chief into a monster of an investigation he's not equipped to handle. An ancient evil has returned, and now everyone—the innocent and the guilty—must face their deepest terrors. With *The Dead Run* Adam Mansbach delivers an eerie high-concept thriller, mixing horror, the supernatural, and suspense in a chilling, high-octane read.

## **Sacred Mirrors**

Showcasing the work of an exciting group of contemporary artists, this book reflects the trends shaping art in the United States today.

## **Brave Intuitive Painting-Let Go, Be Bold, Unfold!**

"A large format book of photographs of the art and architecture--temples filled with murals, sculpture, mosaic, and stained glass--built by devoted members of the Alps communal village of Damanhur. Text describes the development of a contemporary utopiansociety practicing spirituality inclusive of all world cultures"--Provided by publisher.

## **Sober Curious**

A Pulitzer Prize-winning journalist's memoir, in the spirit of Richard Rodriguez's *Hunger for Memory* and Nathan McCall's *Makes Me Wanna Holler*—an intimate look at the mythology, experience, and psyche of the Asian American male

## **Fantastic Fungi**

A 20th anniversary edition of the art classic that celebrates the intersection of creative expression and spirituality—from one of the greatest living artists of our time Twenty years after the original publication of *The Mission of Art*, Alex Grey's inspirational message affirming art's power for personal catharsis and spiritual awakening is stronger than ever. In this

special anniversary edition, Grey—visionary painter, spiritual leader, and best-selling author—combines his extensive knowledge of art history with his own experiences in creating art at the boundaries of consciousness. Grey examines the roles of conscience and intention in the creative process, including practical techniques and exercises useful in exploring the spiritual dimensions of art. Challenging and thought-provoking, *The Mission of Art* will be appreciated by everyone who has ever contemplated the deeper purpose of creative expression.

## **The Husband's Secret**

Immerse yourself in the enchanted fantasy world of Kinuko Y. Craft, celebrated contemporary illustrator, painter, and storyteller. Transcend time and space as you color to life these gorgeous illustrations of goddesses, angels, fairies, princesses, heroes, and mythological creatures. Craft's vast body of work includes award-winning illustrated books of classic fairy tales and cover art for fantasy novels.

## **Inventing Downtown**

The blockbuster phenomenon that charts an amazing journey of the mind while revolutionizing our concept of memory. An instant bestseller that is poised to become a classic, *Moonwalking with Einstein* recounts Joshua Foer's yearlong quest to improve his memory under the tutelage of top "mental athletes." He draws on cutting-edge research, a surprising cultural history of remembering, and venerable tricks of the mentalist's trade to transform our understanding of human memory. From the United States Memory Championship to deep within the author's own mind, this is an electrifying work of journalism that reminds us that, in every way that matters, we are the sum of our memories. From the Trade Paperback edition.

## **My Tibet**

The definitive, must-have guide to pursuing an art career. This fully revised and updated edition of *Art/Work* shares the tools artists of all levels need to make it in the highly competitive art world.

## **Floret Farm's Cut Flower Garden**

What does it mean to have a soul whose will to live knows no limits? This gripping psychological thriller establishes Martyn Bedford as a hot new literary talent for young adults. Friday, December 14th. Fourteen-year-old Alex rushes home that night to beat his curfew. The next morning, he wakes up in an unfamiliar house, in a different part of the country, and it's

the middle of June. Six months seem to have disappeared overnight. The family at the breakfast table? Total strangers. And when Alex looks in the mirror, another boy — called Philip, or Flip — stares back. The race against the clock is on, and unless Alex finds out what's happened and how to get back to his own life, he'll be forever trapped in someone else's body and life. From the Hardcover edition.

## **Art Psalms**

Inspired by the Tibetan Buddhist teachings known as Dzogchen, this book talks about Alex Grey's artwork, a seven-panelled altarpiece honouring artists and masters of Tibet. A poem accompanies the seven panels, describing the meaning of each sequential image in the altarpiece.

## **Lines & Dots**

The capacity of art--both visual and verbal--to stimulate creativity and personal growth is the theme of this challenging collection from an internationally known artist. Grey combines poems, artwork, and thoughtful declarations that fuse imagination, creativity, and spirituality.

## **Practicing Peace in Times of War**

A LOCUS AWARD FINALIST! The mesmerizing adult debut from Leigh Bardugo, a tale of power, privilege, dark magic, and murder set among the Ivy League elite Galaxy "Alex" Stern is the most unlikely member of Yale's freshman class. Raised in the Los Angeles hinterlands by a hippie mom, Alex dropped out of school early and into a world of shady drug-dealer boyfriends, dead-end jobs, and much, much worse. In fact, by age twenty, she is the sole survivor of a horrific, unsolved multiple homicide. Some might say she's thrown her life away. But at her hospital bed, Alex is offered a second chance: to attend one of the world's most prestigious universities on a full ride. What's the catch, and why her? Still searching for answers, Alex arrives in New Haven tasked by her mysterious benefactors with monitoring the activities of Yale's secret societies. Their eight windowless "tombs" are the well-known haunts of the rich and powerful, from high-ranking politicians to Wall Street's biggest players. But their occult activities are more sinister and more extraordinary than any paranoid imagination might conceive. They tamper with forbidden magic. They raise the dead. And, sometimes, they prey on the living.

## **The Mission of Art**

An award-winning science writer tours the globe to reveal what makes birds capable of such extraordinary feats of mental prowess. Birds are astonishingly intelligent creatures. According to revolutionary new research, some birds rival primates and even humans in their remarkable forms of intelligence. In *The Genius of Birds*, acclaimed author Jennifer Ackerman explores their newly discovered brilliance and how it came about. As she travels around the world to the most cutting-edge frontiers of research, Ackerman not only tells the story of the recently uncovered genius of birds but also delves deeply into the latest findings about the bird brain itself that are shifting our view of what it means to be intelligent. At once personal yet scientific, richly informative and beautifully written, *The Genius of Birds* celebrates the triumphs of these surprising and fiercely intelligent creatures. Ackerman is also the author of *Birds by the Shore: Observing the Natural Life of the Atlantic Coast*.

## **The Genius of Birds**

**52 Mind-Blowing Ways to Poop** The only known translation of an ancient manual instructing readers in the art of enlightened bathroom experience, the *Kama Pootra* offers a thrilling rediscovery of the tiled path to porcelain nirvana. Willing seekers will find fifty-two progressive positions designed to maximize how you do number two. Every time the bathroom door closes, a new experience awaits.

## **Transfigurations**

A descendant of Crazy Horse adapts the Lakota way to modern life, using poetry, songs, and folklore to teach basic wisdom about how to live in the world.

## **Kama Pootra**

*A Perfect Union of Contrary Things* is the authorized biography of musician and vintner Maynard James Keenan. Co-author Sarah Jensen's 30-year friendship with Keenan gives her unique insight into his history and career trajectory. The book traces Keenan's journey from his Midwest childhood to his years in the Army to his time in art school, from his stint at a Boston pet shop to his place in the international spotlight and his influence on contemporary music and regional winemaking. A comprehensive portrayal of a versatile and dedicated artist, *A Perfect Union of Contrary Things* pays homage to the people and places that shaped the man and his art. Until now, Maynard's fans have had access to only an abridged version of his story. *A Perfect Union of Contrary Things* presents the outtakes, the scenes of disappointment and triumph, and the events that led him to take one step after the next, to change direction, to explore sometimes surprising opportunities. Included are sidebars in his own words, often humorous anecdotes that illuminate the narrative, as well as

commentary by his family members, friends, instructors, and industry colleagues. The book also features a foreword by Alex Grey, an American visionary artist and longtime friend of Keenan. Accompanying the text are photos of Keenan from childhood to the present. Maynard's story is a metaphor for the reader's own evolution and an encouragement to follow one's dreams, hold fast to individual integrity, and work ceaselessly to fulfill our creative potential.

## **Whitney Biennial 2019**

Editorial Reviews "Fresh, fun, and unbelievably hot, Audrey Carlan's Calendar Girl series will have you falling in love over and over again and craving the next installment." -Meredith Wild, #1 NYT Bestselling Author "Sinfully delicious from start to finish! Sexy, smart, and so unique! I was completely immersed in Mia's journey." -Katy Evans, NYT Bestselling Author "A sexy, fast-paced, and downright addictive read. I devoured every word of Mia's journey." -Meghan March, USA Today Bestselling Author "This was a KILLER start to Ms. Carlan's monthly series!" -Give Me Books "Damn, Audrey did it again! Made me smile, made me laugh & made me cry with her beautiful words! I am in love with these books. -Hooks & Books Blog "This story was exciting, quick; but well paced and full of loveable characters. I haven't met a character in this series that I haven't liked yet!" -Nice and Nau Synopsis It's really simple. I needed money. A lot of money. One million dollars to be exact. The amount didn't matter. All that mattered is that at the end of that price tag held my father's life. No money. No life. The time limit was one year. On January 1st I had to pay up or my Father was going to be killed. When you're faced with an ultimatum like this, you do whatever you have to do. And that's exactly what I did. The job...Exquisite Escorts. My role, serve as high priced arm candy to anyone that can afford the \$100,000 price tag for a month of my company. Sex is optional (for me) and a 20% increase on the price. Mia Saunders just barely escaped a paltry life back home in Las Vegas until she gets the call that her Father has been beaten to within an inch of his life for not paying his gambling debt. Problem is, the lone shark is her lousy, ruthless ex-boyfriend. Another guy in a long line of men she'd fallen head over heels for. Not anymore. Mia's mission is simple. Serve as a high-priced escort for her Aunt's company and pay monthly against her Father's bad debt. A month with a rich man who she doesn't have to sleep with if she doesn't want to? Easy money. At least that's the way it was supposed to go.

## **The Dead Run**

The most extensive collection of Grey's visionary artwork and life's journey in one volume • Includes a foreword by Albert Hofmann and essays on Grey's work by renowned art critic Donald Kuspit, philosopher Ken Wilber, and Stephen Larsen, author of Joseph Campbell: A Fire in the Mind • 21,000 sold in hardcover since October 2001 Every once in a great while an artist emerges who does more than simply reflect the social trends of the time. Such an artist is able to transcend established thinking and help us redefine ourselves and our world. Today, a growing number of art critics, philosophers, and

spiritual seekers believe that they have found that vision in the art of Alex Grey. Transfigurations, the follow-up to Grey's Sacred Mirrors (1991)--one of the most successful art books of the 1990s--includes all of Grey's major works completed in the following decade, including the masterful seven-paneled altarpiece Nature of Mind, called "the grand climax of Grey's art" by Donald Kuspit. His portrayals of human beings blend anatomical exactitude with visionary depictions of universal life energy. Alex Grey's striking artwork leads us on the soul's journey from material world encasement to recovery of the divinely illuminated core.

## **Parable Visions - the Art of Cameron Gray**

How Alex Grey's visionary art is evolving the cultural body through icons of interconnectedness • Includes over 200 reproductions of Grey's artwork • Contains spectacular photos of Grey's collaboration with the cult band TOOL plus his worldwide live-painting performances • Offers Grey's reflections on how art evolves consciousness with a new symbology of the Networked Self • Winner of the 2013 Nautilus Silver Book Award in Photography and Art Revealing the interwoven energies of body and soul, love and spirit that illuminate the core of each being, Alex Grey's mystic paintings articulate the realms of consciousness encountered during visits to entheogenic heaven worlds. His painting Net of Being--inspired by a blazing vision of an infinite grid of Godheads during an ayahuasca journey--has reached millions as the cover and interior of the band TOOL's Grammy award-winning triple-platinum album, 10,000 Days. Net of Being is one of many images Grey has created that have resulted in a chain reaction of uses--from apparel and jewelry to tattoos and music videos--embedding these iconic works into our culture's living Net of Being. The book explores how the mystical experience expressed in Alex Grey's work opens a new understanding of our shared consciousness and unveils the deep influence art can have on cultural evolution. The narrative progresses through a successive expansion of identity--from the self, to self and beloved, to self and community, world spirit, and cosmic consciousness, where bodies are transparent to galactic energies. Presenting over 200 images, including many never-before-reproduced paintings as well as masterworks such as St. Albert and the LSD Revelation Revolution and Godself, the book also documents performance art, live-painting on stage throughout the world, and the "social sculpture" called CoSM, Chapel of Sacred Mirrors, that Grey cofounded with his wife and creative collaborator, artist Allyson Grey.

## **Fairy Houses**

Adopt a spontaneous, bold, and fearless approach to painting as a process of discovery—one that results in lush and colorful finished works that will beg to be displayed. This inspiring and encouraging book for both novice and experienced painters teaches how to create colorful, exciting, expressive paintings through a variety of techniques, combining basic, practical painting principles with innovative personal self-expression. Flora S. Bowley's fun and forgiving approach to

painting is based on the notion that “You don't begin with a preconceived painting in mind; you allow the painting to unfold.” Illustrating how to work in layers, Flora gives you the freedom to cover up, re-start, wipe away, and change courses many times along the way. Unexpected and unique compositions, color combinations, and subject matter appear as you allow your paintings to emerge in an organic, unplanned way while working from a place of curiosity and letting go of fear. —Learn techniques for working with vibrant color and avoiding mud. —Make rich and varied marks with a variety of unexpected tools. —Break compositional rules. —Embrace nonattachment as a way to keep exploring. —Keep momentum by moving your body and staying positive. —Work with what's working to let go of struggle. —Connect more deeply to the world around you to stay inspired. —Embrace layers to create rich complex paintings. —Find rhythm by spiraling between chaos and order.

## **Nature of Mind**

Would life be better without alcohol? It's the nagging question more and more of us are finding harder to ignore, whether we have a “problem” with alcohol or not. After all, we yoga. We green juice. We meditate. We self-care. And yet, come the end of a long work day, the start of a weekend, an awkward social situation, we drink. One glass of wine turns into two turns into a bottle. In the face of how we care for ourselves otherwise, it's hard to avoid how alcohol really makes us feel... terrible. How different would our lives be if we stopped drinking on autopilot? If we stopped drinking altogether? Really different, it turns out. Really better. Frank, funny, and always judgment free, *Sober Curious* is a bold guide to choosing to live hangover-free, from Ruby Warrington, one of the leading voices of the new sobriety movement. Drawing on research, expert interviews, and personal narrative, *Sober Curious* is a radical take down of the myths that keep so many of us drinking. Inspiring, timely, and blame free, *Sober Curious* is both conversation starter and handbook—essential reading that empowers readers to transform their relationship with alcohol, so we can lead our most fulfilling lives.

## **Positive Creations**

#1 Amazon Best Seller — Welcome to the farm! *The Cut Flower Garden*: Erin Benzakein is a florist-farmer, leader in the locaflor farm-to-centerpiece movement, and owner of internationally renowned Floret Flower Farm in Washington's lush Skagit Valley. A stunning flower book: This beautiful guide to growing, harvesting, and arranging gorgeous blooms year-round provides readers with vital tools to nurture a stunning flower garden and use their blossoms to create show-stopping arrangements. Floret Farm's *Cut Flower Garden*: *Cut Flower Garden* is equal parts instruction and inspiration—a book overflowing with lush photography of magnificent flowers and breathtaking arrangements organized by season. Find inspiration in this lush flower book: Irresistible photos of Erin's flower farm that showcase exquisite blooms Tips for growing in a variety of spaces and climates Step-by-step instructions for lavish garlands, airy centerpieces, and romantic floral décor

for every season If you liked Paris in Bloom, you'll love Floret Farm's Cut Flower Garden.

## **Creative Revolution**

The voice of a younger generation of visionary and psychedelic artists rings loud and clear in this compilation of Chris Dyer's works from 1979 to 2010. A Peruvian artist living in Canada, Dyer's globetrotting, multi-cultural, spiritual adventures and discoveries are referenced in hundreds of images of his work including paintings, sculptures, sketches, skateboard graphics, murals, graffiti, and more. Layered in multiple levels of color and creativity, this non-stop, hyper-visual experience reveals the development of an artist who has pushed his craft from doodling wrestlers and street gang warriors to unfolding soulful skate art, gritty graffiti, and lush visionary canvases. The constant promoter, Dyer's positive brand and aesthetic is infectious and his charismatic nature will win you over, over and over again through his images and prose. This art book is ideal for aspiring artists; fans of street art, visionary, and psychedelic art; and collectors.

## **Ninth House**

E-Books in Academic Libraries: Stepping Up to the Challenge provides readers with a view of the changing and emerging roles of electronic books in higher education. The three main sections contain contributions by experts in the publisher/vendor arena, as well as by librarians who report on both the challenges of offering and managing e-books and on the issues surrounding patron use of e-books. The case study section offers perspectives from seven different sizes and types of libraries whose librarians describe innovative and thought-provoking projects involving e-books. Read about perspectives on e-books from organizations as diverse as a commercial publisher and an association press. Learn about the viewpoint of a jobber. Find out about the e-book challenges facing librarians, such as the quest to control costs in the patron-driven acquisitions (PDA) model, how to solve the dilemma of resource sharing with e-books, and how to manage PDA in the consortial environment. See what patron use of e-books reveals about reading habits and disciplinary differences. Finally, in the case study section, discover how to promote scholarly e-books, how to manage an e-reader checkout program, and how one library replaced most of its print collection with e-books. These and other examples illustrate how innovative librarians use e-books to enhance users' experiences with scholarly works.

## **Knock at the Door**

This unique series of paintings takes the viewer on a graphic, visionary journey through the physical, metaphysical, and spiritual anatomy of the self. From anatomically correct rendering of the body systems, Grey moves to the spiritual/energetic systems with such images as "Universal Mind Lattice," envisioning the sacred and esoteric symbolism of

the body and the forces that define its living field of energy. Includes essays on the significance of Grey's work by Ken Wilber, the eminent transpersonal psychologist, and by the noted New York art critic, Carlo McCormick.

## **The Dalai Lama's Little Book of Inner Peace**

"Riders of the Purple Sage" is a Western novel by American author Zane Grey, first published in 1915. The story centres on Jane Withersteen and her struggle against oppressive persecution by other members of her Mormon church. Considered by many to have had a pivotal role in the formation of the popular Western genre, this fantastic novel is highly recommended for all lovers of Western fiction. Pearl Zane Grey (1872 - 1939) was an American writer most famous for his adventure novels of the Western genre. Other notable works by this author include: "Riders of the Purple Sage" (1912), "The Last Trail" (1906), and "The Lone Star Ranger" (1915). Grey continues to be widely read, and his novels and short stories have been adapted for the screen more than a hundred times. Many vintage books such as this are becoming increasingly scarce and expensive. We are republishing this volume now in an affordable, modern, high-quality edition complete with a specially commissioned new introduction and biography of the author.

## **Moonwalking with Einstein**

"War and peace begin in the hearts of individuals," declares Pema Chodron in her inspiring and accessible new book, which draws on Buddhist teachings to explore the origins of aggression and war.

## **Calendar Girl**

Digital Art, Photography and Written Works by Australian artist Cameron Gray.

## **Always Maintain a Joyful Mind**

Learn how to craft breathtaking fairy homes exclusively from elements found in nature, step by step, from master fairy house architect Sally J. Smith—photos of dozens of her magical miniature creations provide abundant inspiration for crafters and fantasy fanciers interested in a creative challenge. Imagine a fairy home that has dragonfly wings as stained-glass windows, twigs for window frames, birch bark for walls, and dried mushrooms for shingles—with Fairy Houses, you can create one in your own garden. Browse gorgeous photographs of fairy houses in nature, then: Design your home following the outlined steps Gather tools and materials Create magical fairy house components, including intricately detailed doors and windows Put it all together to create your own unique fairy house Add lighting and interiors Add finishing touches, like a

bark roof covering or a stone pathway The final chapter gives step-by-step photo instructions on how to construct two different fairy homes. Both an inspiring gallery of art and a practical how-to guide, Fairy Houses will open new doors of creativity for you as you are transported to the magical realm where fairies live.

## **Big Little Man**

Powerful, profound advice on how to live a peaceful and fulfilling life amidst all the conflicts of the modern world. In this distillation of his life and teachings, the Dalai Lama paints a compelling portrait of his early life, reflecting on the personal and political struggles that have helped to shape his understanding of our world. Offering his wisdom and experience to interpret the timeless teachings of the Buddha, The Dalai Lama's Little Book of Inner Peace is fresh and relevant to our troubled times. He explains in a simple and accessible way how each of us can influence those around us by living with integrity. And he holds out hope that, through personal transformation, we can all contribute to a better world.

## **Damanhur**

Maxtla Colhua is an Investigator for the Empire-a 21st-century Aztec Empire that, having successfully repelled Hernan Cortes in 1603, stretches from one end of what we know as the Americas to the other. In *Aztlan: The Last Sun*, someone has decided to punctuate the end of the Aztec calendar with a series of grisly murders reminiscent of the pagan sacrifices carried out in ancient times. Can Maxtla find the killer before his city is ripped apart and the Last Sun becomes the death knell for the Empire? In *Aztlan: The Courts of Heaven*, Maxtla is looking for the missing star of a brutal Aztec ball game in which gambling fortunes are won and lost. To find the idol of millions, he will have to challenge the most powerful men and women in the Empire-or see the streets of Aztlan run red with blood. Two murder mysteries set in an exciting world that never was but could have been-collected in a single volume!

## **Riders of the Purple Sage**

This enlightening and thought-provoking look at New York City's postwar art scene focuses on the galleries and the artists that helped transform American art. While the achievements of New York City's most renowned postwar artists--de Kooning, Pollock, Rothko, Franz Kline-- have been studied in depth, a large cadre of lesser-known but influential artists came of age between 1952 and 1965. Also understudied are the early, experimental works by more well-known figures such as Mark di Suvero, Jim Dine, Dan Flavin, and Claes Oldenburg. Focusing on innovative artist-run galleries, this book invites readers to reevaluate the period--uncovering its diversity, creativity, and nuances, and tracing the spaces' influence during the decades that followed. *Inventing Downtown* charts the development of artist-run galleries in Lower Manhattan from the

early 1950s to the mid-1960s, showing how the area's multicultural spirit played a major role in shaping the artworks exhibited there. The book explores 14 key spaces in which styles such as Pop, Minimalism, and performance and installation art thrived. Excerpts from 33 revealing interviews with artists, critics, and dealers, conducted by Billy Klüver and Julie Martin, offer unique personal insight into the era's creative milieu. Taken together, the book's essays and interviews provide a distinctly new assessment of how downtown New York's fertile environment nurtured an innovative art scene.

## **The Lakota Way**

The author of *When Things Fall Apart* reveals the meaning behind 59 Buddhist teachings and how you can use them as touchstones for daily living. For centuries Tibetan Buddhists have relied on a collection of 59 pithy teachings—called lojong in Tibetan—to help them develop wisdom and compassion amid the challenges of daily living. In this book, Pema Chödrön introduces these transformative teachings and offers guidance on how to make them part of our everyday lives. Each lojong, or slogan, is followed by Pema Chödrön's accessible and succinct commentary on how to understand and apply it. The lojong teachings include: · "Always maintain only a joyful mind." · "Don't be swayed by external circumstances." · "Don't be so predictable." · "Be grateful to everyone." Inside *Always Maintain a Joyful Mind* readers will also find a link to an online audio program entitled "Opening the Heart." Here, Pema Chödrön offers in-depth instruction on tonglen meditation—a powerful practice that anyone can undertake to awaken compassion for oneself and others.

## **Flip**

The fourteenth Dalai Lama of Tibet offers his views on world peace and environmental responsibility in a collection of essays accompanied by photographs of his beloved Tibet.

## **Net of Being**

Do you like an unusual coloring and puzzles? Then you will definitely like this new kind of adult coloring activity book with 25 different animals. This book is for those who like to color small details and elements. It has a therapeutic effect and relieves stress. To get the finished drawing you need to color lines and dots using only one pencil, pen or marker. But if you want to get an exceptional artwork, you can experiment with different colors. This book is ideal for traveling as it is light, has a letter size and you only need one color.

## **Art/Work - Revised & Updated**

Painting can be so much more than a mere hobby - it can be a vehicle transforming your mind, body, and spirit! Painting and bravely embracing the challenges of creativity sparks a revolution that involves heart, creativity, courage, and trust! Artistic pursuits such as painting have the power to soothe, heal, and connect a person to their truest self. For author Flora Bowley, making art and expressing herself creatively have always served as potent forms of personal evolution and holistic healing. Creative Revolution is the reader's key to unlocking the door to their own personal journey while making beautiful art. Creative Revolution is the culmination of Flora's life's work as an artist, offering guidance for others to embrace their authentic selves through paint. She has taught more than sixty workshops since she wrote her first book, Brave Intuitive Painting, and has witnessed miraculous things when people engage with the intuitive painting process. Creative Revolution is the next best thing to taking a course from Flora. Many readers and students can't help but exclaim, "This was about so much more than painting!" After reading Creative Revolution, readers will have a deeper connection to their intuition, increased confidence to make bolder choices, freedom to let go and explore various options, an understanding that everything is transformable, the trust that it will all work out in the end, and a renewed sense that creating can be fun and playful. All of this powerful transformation begins with paint. Flora has been writing and reflecting on these transformational aspects of the creative process for years. Creative Revolution is an insightful and practical guide for realizing the transformational power of fully embracing your creativity.

## **A Perfect Union of Contrary Things**

Companion to the film Fantastic Fungi. Contributions from Michael Pollan, Andrew Weil, Eugenia Bone, and many more experts make Fantastic Fungi an awe-inspiring visual journey through the exotic, little-known realm of fungi and its amazing potential to positively influence our lives. An all-star team of professional and amateur mycologists, artists, foodies, ecologists, doctors, and explorers joined forces with time-lapse master Louie Schwartzberg to create Fantastic Fungi, the life-affirming, mind-bending film about mushrooms and their mysterious interwoven rootlike filaments called mycelium. What this team reveals will blow your mind and possibly save the planet. This visually compelling companion book of the same name, edited by preeminent mycologist Paul Stamets, will expand upon the film in every way through extended transcripts, new essays and interviews, and additional facts about the fantastic realm of fungi. Fantastic Fungi is at the forefront of a mycological revolution that is quickly going mainstream. In this book, learn about the incredible communication network of mycelium under our feet, which has the proven ability to restore the planet's ecosystems, repair our health, and resurrect our symbiotic relationship with nature. Fantastic Fungi aspires to educate and inspire the reader in three critical areas: First, the text showcases research that reveals mushrooms as a viable alternative to Western pharmacology. Second, it explores studies pointing to mycelium as a solution to our gravest environmental challenges. And, finally, it details fungi's marvelous proven ability to shift consciousness. Motivating both the visually stunning film and this follow-up book is an urgent mission to change human consciousness and restore our planet.



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