

## You Are Not Small

What is the coronavirus, and why is everyone talking about it? Engagingly illustrated by Axel Scheffler, this approachable and timely book helps answer these questions and many more, providing children aged 5-10 and their parents with clear and accessible explanations about the coronavirus and its effects - both from a health perspective and the impact it has on a family's day-to-day life. With input from expert consultant Professor Graham Medley of the London School of Hygiene & Tropical Medicine, as well as advice from teachers and child psychologists, this is a practical and informative resource to help explain the changes we are currently all experiencing. The book is free to read and download, but Nosy Crow would like to encourage readers, should they feel in a position to, to make a donation to: <https://www.nhscharitiestogether.co.uk/> "Being small is the worst! No one ever picks me for their sports team and my feet hurt from standing on my tiptoes all the time. There can't be anything good about being small,],€,]right? "

Using only two words--"look" and "out"--Relates a story about an attention-loving gorilla, a television-loving boy, and a friendship that develops over books. The first three books in the award-winning series now in a beautiful boxed set--only from Amazon! For the first time, Theodor Seuss Geisel Award winner *You Are (Not) Small* and companion books *That's (Not) Mine* and *I Am (Not) Scared* are available in a beautiful boxed set. With expressive illustrations and simple text, these tales show two fuzzy friends navigating differences in size and perspective, sharing, growing their friendship, and being afraid. The books are ideal for reading aloud and for children who are learning to read independently. This set also comes with twenty stickers featuring art from the stories. The books included in this set were previously published and have not been altered.

When a small-town family is pushed to the brink, how far will they go to protect one of their own? An edgy, propulsive read about what we will do in the name of love and blood Tony has always looked out for his younger brother, Nick. So when he's called to a hospital bed where Nick is lying battered and bruised after a violent sexual assault, his protective instincts flare, and a white-hot rage begins to build. As a small-town New England lawyer, Tony's wife, Julia, has cases involving kids all the time. When Detective Rice gets assigned to this one, Julia feels they're in good hands. Especially because she senses that Rice, too, understands how things can quickly get complicated. Very complicated. After all, one moment Nick was having a drink with a handsome stranger; the next, he was at the center of an investigation threatening to tear not only him, but his entire family, apart. And now his attacker, out on bail, is disputing Nick's version of what happened. As Julia tries to help her brother-in-law, she sees Tony's desire for revenge, to fix things for Nick, getting out of control. Tony is starting to scare her. And before long, she finds herself asking: does she really know what her husband is capable of? Or of what she herself is? Exploring elements of doubt,

tragedy, suspense, and justice, *The Damage* is an all-consuming read that marks the explosive debut of an extraordinary new writer.

An inspirational and handy book of consciousness and love. Bring it with you on your daily journey for happiness everywhere you go.

Eraser is always cleaning up everyone else's mistakes. Except for Ruler and Pencil Sharpener, none of the other school supplies seem to appreciate her. They all love how sharp Pencil is and how Tape and Glue help everyone stick together. Eraser wants to create so that she can shine like the others. She decides to give it a try, but it's not until the rubber meets the road that Eraser begins to understand a whole lot about herself. Inspired by a school essay their daughter Kate wrote in the third grade, the author and illustrator behind Theodor Seuss Geisel Award-winner *You Are (Not) Small* have created a desktop drama about figuring out who you are, finding happiness, and the importance of second, third, and maybe even fourth chances.

Four young Black sisters come of age during the American Civil War in *So Many Beginnings*, a warm and powerful YA remix of the classic novel *Little Women*, by national bestselling author Bethany C. Morrow. North Carolina, 1863. As the American Civil War rages on, the Freedpeople's Colony of Roanoke Island is blossoming, a haven for the recently emancipated. Black people have begun building a community of their own, a refuge from the shadow of the "old life." It is where the March family has finally been able to safely put down roots with four young daughters: Meg, a teacher who longs to find love and start a family of her own. Jo, a writer whose words are too powerful to be contained. Beth, a talented seamstress searching for a higher purpose. Amy, a dancer eager to explore life outside her family's home. As the four March sisters come into their own as independent young women, they will face first love, health struggles, heartbreak, and new horizons. But they will face it all together. Praise for *So Many Beginnings: A Little Women Remix* "Morrow's ability to take the lingering stain of slavery on American history and use it as a catalyst for unbreakable love and resilience is flawless. That she has remixed a canonical text to do so only further illuminates the need to critically question who holds the pen in telling our nation's story." —Booklist, starred review "Bethany C. Morrow's prose is a sharpened blade in a practiced hand, cutting to the core of our nation's history. ... A devastatingly precise reimaging and a joyful celebration of sisterhood. A narrative about four young women who unreservedly deserve the world, and a balm for wounds to Black lives and liberty." —Tracy Deonn, *New York Times*-bestselling author of *Legendborn* "A tender and beautiful retelling that will make you fall in love with the foursome all over again." —Tiffany D. Jackson, *New York Times*-bestselling author of *White Smoke* and *Grown*

Show your little one that little things can make a BIG difference in this inspirational board book by Sandra Magsamen, the *USA Today* bestselling author of *Welcome Little One!* On Valentine's Day or any time of the year, introduce the timeless lesson of self-confidence and perseverance in this

encouragement book for babies and toddlers! Brimming with adorable illustrations and heartwarming rhymes, this empowering story shares how little things are capable of giant accomplishments. Bees, butterflies, and little children may seem small but are actually full of great strength, incredible potential, and can do anything they set their mind to. This special story with not-so-small impact teaches little learners that while they may be small, they are also mighty! Not so Small at All is the perfect gift for new parents and newborns, book for baby showers, birthday gift, Valentine's Day book, or for simply expressing the love you have for the little ones in your lives! Have you ever felt like you're just too small to do important stuff in the world at all? Well, take a closer look, and then you'll see that the smallest of things are as AMAZING as can be!

First published in 1943, *The Little Prince* by Antoine de Saint-Exupéry has been translated into more than 250 languages, becoming a global phenomenon. The Sahara desert is the scenery of Little Prince's story. The narrator's plane has crashed there and he has scarcely some food and water to survive. Trying to comprehend what caused the crash, the Little Prince appears. The serious blonde little boy asks to draw him a sheep. The narrator consents to the strange fellow's request. They soon become friends and the Little Prince informs the pilot that he is from a small planet, the asteroid 325, talks to him about the baobabs, his planet volcanoes and the mysterious rose that grew on his planet. He also talks to him about their friendship and the lie that evoked his journey to other planets. Often puzzled by the grown-ups' behavior, the little traveler becomes a total and eternal symbol of innocence and love, of responsibility and devotion. Through him we get to see how insightful children are and how grown-ups aren't. Children use their heart to feel what's really important, not the eyes. Heart-breaking, funny and thought-provoking, it is an enchanting and endlessly wise fable about the human condition and the power of imagination. A book about both childhood and adulthood, it can be read as a parable, a war story, a classic children's fairy-tale, and many more things besides: *The Little Prince* is a book for everyone; after all, all grown-ups were children once.

"This book is a message from autistic people to their parents, friends, teachers, coworkers and doctors showing what life is like on the spectrum. It's also my love letter to autistic people. For too long, we have been forced to navigate a world where all the road signs are written in another language." With a reporter's eye and an insider's perspective, Eric Garcia shows what it's like to be autistic across America. Garcia began writing about autism because he was frustrated by the media's coverage of it; the myths that the disorder is caused by vaccines, the narrow portrayals of autistic people as white men working in Silicon Valley. His own life as an autistic person didn't look anything like that. He is Latino, a graduate of the University of North Carolina, and works as a journalist covering politics in Washington D.C. Garcia realized he needed to put into writing what so many autistic people have been saying for years; autism is a part of their identity, they don't need to be fixed. In *We're Not Broken*, Garcia uses his own life as a

springboard to discuss the social and policy gaps that exist in supporting those on the spectrum. From education to healthcare, he explores how autistic people wrestle with systems that were not built with them in mind. At the same time, he shares the experiences of all types of autistic people, from those with higher support needs, to autistic people of color, to those in the LGBTQ community. In doing so, Garcia gives his community a platform to articulate their own needs, rather than having others speak for them, which has been the standard for far too long.

This revised edition of the award-winning 1-2-3 Magic program addresses the difficult task of child discipline with humor, keen insight, and proven experience. The technique offers a foolproof method of disciplining children ages two through 12 without arguing, yelling, or spanking. By means of three easy-to-follow steps, parents learn to manage troublesome behavior, encourage good behavior, and strengthen the parent-child relationship—avoiding the "Talk-Persuade-Argue-Yell-Hit" syndrome which frustrates so many parents. Ten strategies for building a child's self-esteem and the six types of testing and manipulation a parent can expect from the child are discussed, as well as tips on how to prevent homework arguments, make mealtimes more enjoyable, conduct effective family meetings, and encourage children to start doing their household chores. New advice about kids and technology and new illustrations bring this essential parenting companion completely up-to-date.

George Orwell's celebrated novella, *Animal Farm*, is a biting, allegorical, political satire on totalitarianism in general and Stalinism in particular. One of the most famous works in modern English literature, it is a telling comment on Soviet Russia under Stalin's brutal dictatorship based on a cult of personality which was enforced through a reign of terror. The book tells a seemingly simple story of farm animals who rebel against their master in the hope of stopping their exploitation at the hand of humans and creating a society where animals would be equal, free and happy. Ultimately, however, the rebellion is betrayed and the farm ends up in a state as bad as it was before. The novel thus demonstrates how easily good intentions can be subverted into tyranny. Orwell has himself said that it was the first book in which he had tried, with full consciousness of what he was doing, 'to fuse political purpose and artistic purpose into one whole.' The book was first published in England in 1945, and has since then remained a favourite with readers all over the world, and has consistently been included in all prestigious bestseller lists for the past many years.

*Start Small, Stay Small* is a step-by-step guide to launching a self-funded startup. If you're a desktop, mobile or web developer, this book is your blueprint to getting your startup off the ground with no outside investment. This book intentionally avoids topics restricted to venture-backed startups such as: honing your investment pitch, securing funding, and figuring out how to use the piles of cash investors keep placing in your lap. This book assumes: \* You don't have \$6M of investor funds sitting in your bank account \* You're not going to relocate to the

handful of startup hubs in the world \* You're not going to work 70 hour weeks for low pay with the hope of someday making millions from stock options There's nothing wrong with pursuing venture funding and attempting to grow fast like Amazon, Google, Twitter, and Facebook. It just so happened that most people are not in a place to do this. Start Small, Stay Small also focuses on the single most important element of a startup that most developers avoid: marketing. There are many great resources for learning how to write code, organize source control, or connect to a database. This book does not cover the technical aspects developers already know or can learn elsewhere. It focuses on finding your idea, testing it before you build, and getting it into the hands of your customers.

“Stories that both dazzle and edify... This book is not just about life, but about discovery itself. It is about error and hubris, but also about wonder and the reach of science.” —Siddhartha Mukherjee, New York Times Book Review

We all assume we know what life is, but the more scientists learn about the living world—from protocells to brains, from zygotes to pandemic viruses—the harder they find it is to locate life's edge. Carl Zimmer investigates one of the biggest questions of all: What is life? The answer seems obvious until you try to seriously answer it. Is the apple sitting on your kitchen counter alive, or is only the apple tree it came from deserving of the word? If we can't answer that question here on earth, how will we know when and if we discover alien life on other worlds? The question hangs over some of society's most charged conflicts—whether a fertilized egg is a living person, for example, and when we ought to declare a person legally dead. Life's Edge is an utterly fascinating investigation that no one but one of the most celebrated science writers of our generation could craft. Zimmer journeys through the strange experiments that have attempted to re-create life. Literally hundreds of definitions of what that should look like now exist, but none has yet emerged as an obvious winner. Lists of what living things have in common do not add up to a theory of life. It's never clear why some items on the list are essential and others not. Coronaviruses have altered the course of history, and yet many scientists maintain they are not alive. Chemists are creating droplets that can swarm, sense their environment, and multiply. Have they made life in the lab? Whether he is handling pythons in Alabama or searching for hibernating bats in the Adirondacks, Zimmer revels in astounding examples of life at its most bizarre. He tries his own hand at evolving life in a test tube with unnerving results. Charting the obsession with Dr. Frankenstein's monster and how Coleridge came to believe the whole universe was alive, Zimmer leads us all the way into the labs and minds of researchers working on engineering life from the ground up.

Winner of the National Outdoor Book Award for Natural History "After reading Super Fly, you will never take a fly for granted again. Thank you, Jonathan Balcombe, for reminding us of the infinite marvels of everyday creatures." —Sy Montgomery, Author of How to Be a Good Creature From an expert in animal consciousness, a book that will turn the fly on the wall into the elephant in the

room. For most of us, the only thing we know about flies is that they're annoying, and our usual reaction is to try to kill them. In *Super Fly*, the myth-busting biologist Jonathan Balcombe shows the order Diptera in all of its diversity, illustrating the essential role that flies play in every ecosystem in the world as pollinators, waste-disposers, predators, and food source; and how flies continue to reshape our understanding of evolution. Along the way, he reintroduces us to familiar foes like the fruit fly and mosquito, and gives us the chance to meet their lesser-known cousins like the Petroleum Fly (the only animal in the world that breeds in crude oil) and the Chocolate Midge (the sole pollinator of the Cacao tree). No matter your outlook on our tiny buzzing neighbors, *Super Fly* will change the way you look at flies forever. Jonathan Balcombe is the author of four books on animal sentience, including the New York Times bestselling *What A Fish Knows*, which was nominated for the PEN/E.O. Wilson Award for Science Writing. He has worked for years as a researcher and educator with the Humane society to show us the consciousness of other creatures, and here he takes us to the farthest reaches of the animal kingdom.

Shortlisted for the 2021 Booker Prize Longlisted for the 2021 National Book Award for Fiction A heartrending new novel from the Pulitzer Prize-winning and #1 New York Times best-selling author of *The Overstory*. Named one of the Most Anticipated Books of 2021 by Newsweek, Los Angeles Times, New York Magazine, Chicago Tribune, BuzzFeed, BookPage, Goodreads, Literary Hub, The Millions, New Statesman, and Times of London The astrobiologist Theo Byrne searches for life throughout the cosmos while single-handedly raising his unusual nine-year-old, Robin, following the death of his wife. Robin is a warm, kind boy who spends hours painting elaborate pictures of endangered animals. He's also about to be expelled from third grade for smashing his friend in the face. As his son grows more troubled, Theo hopes to keep him off psychoactive drugs. He learns of an experimental neurofeedback treatment to bolster Robin's emotional control, one that involves training the boy on the recorded patterns of his mother's brain... With its soaring descriptions of the natural world, its tantalizing vision of life beyond, and its account of a father and son's ferocious love, *Bewilderment* marks Richard Powers's most intimate and moving novel. At its heart lies the question: How can we tell our children the truth about this beautiful, imperiled planet?

A charming tale about being brave and sharing your worries, from the author and illustrator of *You Are (Not) Small and That's (Not) Mine!* Pssst! Monty the frog has a secret. Promise not to tell? He can't swim! And he's terrified of water! What is he going to do? Luckily, when he's persuaded to tell his parents, they are very understanding. In fact, his dad has a secret of his own... The simple text from Anna Kang and bold illustrations from the New Yorker cartoonist Christopher Weyant tell an original and funny story about sharing your worries and facing your fears. Visit Christopher at [www.christopherweyant.com](http://www.christopherweyant.com). Praise for *You are (Not) Small*: "Charming characters, a clever plot and a quiet message tucked

inside a humorous tale." Kirkus Reviews

This author calls for an end to excessive consumption by individuals and corporations and, at the same time, calls for an economy based on the needs of people, not businesses.

Life is long if you know how to use it. From the author of *Letters From A Stoic* (*Epistulae Moralis*), comes another brilliant, timeless guide to living well. Written as a moral essay to his friend Paulinus, Seneca's biting words still pack a powerful punch two thousand years later. With its brash rejection of materialism, conventional lifestyles and group-think, *On The Shortness of Life* is as relevant as ever. Seneca anticipates the modern world. It's a unique expose of how people get caught up in the rat race and how for those stuck in this mindset, enough is never enough. The 'busy' individuals of Rome Seneca makes reference to, those people who are too preoccupied with their careers and maintaining social relationships to fully examine the quality of their lives, sound a lot like ourselves. Includes biographical sketch 'Seneca The Stoic.'

"Fascinating and useful . . . The distinguished memory researcher Scott A. Small explains why forgetfulness is not only normal but also beneficial."—Walter Isaacson, bestselling author of *The Code Breaker* and *Leonardo da Vinci* Who wouldn't want a better memory? Dr. Scott Small has dedicated his career to understanding why memory forsakes us. As director of the Alzheimer's Disease Research Center at Columbia University, he focuses largely on patients who experience pathological forgetting, and it is in contrast to their suffering that normal forgetting, which we experience every day, appears in sharp relief. Until recently, most everyone—memory scientists included—believed that forgetting served no purpose. But new research in psychology, neurobiology, medicine, and computer science tells a different story. Forgetting is not a failure of our minds. It's not even a benign glitch. It is, in fact, good for us—and, alongside memory, it is a required function for our minds to work best. Forgetting benefits our cognitive and creative abilities, emotional well-being, and even our personal and societal health. As frustrating as a typical lapse can be, it's precisely what opens up our minds to making better decisions, experiencing joy and relationships, and flourishing artistically. From studies of bonobos in the wild to visits with the iconic painter Jasper Johns and the renowned decision-making expert Daniel Kahneman, Small looks across disciplines to put new scientific findings into illuminating context while also revealing groundbreaking developments about Alzheimer's disease. The next time you forget where you left your keys, remember that a little forgetting does a lot of good.

Women are not small men. Stop eating and training like one. Because most nutrition products and training plans are designed for men, it's no wonder that so many female athletes struggle to reach their full potential. *ROAR* is a comprehensive, physiology-based nutrition and training guide specifically designed for active women. This book teaches you everything you need to know to adapt your nutrition, hydration, and training to your unique physiology so you

can work with, rather than against, your female physiology. Exercise physiologist and nutrition scientist Stacy T. Sims, PhD, shows you how to be your own biohacker to achieve optimum athletic performance. Complete with goal-specific meal plans and nutrient-packed recipes to optimize body composition, ROAR contains personalized nutrition advice for all stages of training and recovery. Customizable meal plans and strengthening exercises come together in a comprehensive plan to build a rock-solid fitness foundation as you build lean muscle where you need it most, strengthen bone, and boost power and endurance. Because women's physiology changes over time, entire chapters are devoted to staying strong and active through pregnancy and menopause. No matter what your sport is—running, cycling, field sports, triathlons—this book will empower you with the nutrition and fitness knowledge you need to be in the healthiest, fittest, strongest shape of your life.

The #1 New York Times bestseller by Time's 2019 Person of the Year "Greta Thunberg is already one of our planet's greatest advocates." —Barack Obama  
The groundbreaking speeches of Greta Thunberg, the young climate activist who has become the voice of a generation, including her historic address to the United Nations In August 2018 a fifteen-year-old Swedish girl, Greta Thunberg, decided not to go to school one day in order to protest the climate crisis. Her actions sparked a global movement, inspiring millions of students to go on strike for our planet, forcing governments to listen, and earning her a Nobel Peace Prize nomination. No One Is Too Small to Make A Difference brings you Greta in her own words, for the first time. Collecting her speeches that have made history across the globe, from the United Nations to Capitol Hill and mass street protests, her book is a rallying cry for why we must all wake up and fight to protect the living planet, no matter how powerless we feel. Our future depends upon it.

A retelling of a traditional song in which a child visits the animal fair. On board pages.

" It's Not How Good You Are, It's How Good You Want to Be is a handbook of how to succeed in the world: a pocket bible for the talented and timid alike to help make the unthinkable thinkable and the impossible possible. The world's top advertising guru, Paul Arden, offers up his wisdom on issues as diverse as problem solving, responding to a brief, communicating, playing your cards right, making mistakes, and creativity – all endeavors that can be applied to aspects of modern life. This uplifting and humorous little book provides a unique insight into the world of advertising and is a quirky compilation of quotes, facts, pictures, wit and wisdom – all packed into easy-to-digest, bite-sized spreads. If you want to succeed in life or business, this book is a must. "

Two fuzzy friends go to an amusement park. They try to convince each other that there are much scarier things than the roller coaster. Hairy spiders! Aliens! Fried ants! They soon discover that sometimes being scared isn't as "scary" as they thought. With expressive illustrations and simple text, this giggle-inducing tale

about (not) being scared features the endearing characters from the Theodor Seuss Geisel Awardwinner *You Are (Not) Small*.

An award-winning journalist's dramatic account of a shooting that shook a community to its core, with important implications for the future On the last evening of summer in 2013, five shots rang out in a part of northeast Denver known as the Holly. Long a destination for African American families fleeing the Jim Crow South, the area had become an "invisible city" within a historically white metropolis. While shootings there weren't uncommon, the identity of the shooter that night came as a shock. Terrance Roberts was a revered anti-gang activist. His attempts to bring peace to his community had won the accolades of both his neighbors and the state's most important power brokers. Why had he just fired a gun? In *The Holly*, the award-winning Denver-based journalist Julian Rubinstein reconstructs the events that left a local gang member paralyzed and Roberts facing the possibility of life in prison. Much more than a crime story, *The Holly* is a multigenerational saga of race and politics that runs from the civil rights movement to Black Lives Matter. With a cast that includes billionaires, elected officials, cops, developers, and street kids, the book explores the porous boundaries between a city's elites and its most disadvantaged citizens. It also probes the fraught relationships between police, confidential informants, activists, gang members, and ex-gang members as they struggle to put their pasts behind them. In *The Holly*, we see how well-intentioned efforts to curb violence and improve neighborhoods can go badly awry, and we track the interactions of law enforcement with gang members who conceive of themselves as defenders of a neighborhood. When Roberts goes on trial, the city's fault lines are fully exposed. In a time of national reckoning over race, policing, and the uses and abuses of power, Rubinstein offers a dramatic and humane illumination of what's at stake.

LONGLISTED FOR THE 2021 NATIONAL BOOK AWARD IN FICTION  
NATIONAL BESTSELLER ONE OF BARACK OBAMA'S FAVORITE SUMMER READS "One of the best novels I've read in 2021." – Dwight Garner, *The New York Times* "A perfect novel—taut and seductive." —Brandon Taylor, author of *Real Life* and *Filthy Animals* "Intimacies is a haunting, precise, and morally astute novel that reads like a psychological thriller.... Katie Kitamura is a wonder." —Dana Spiotta, author of *Wayward* and *Eat the Document* A novel from the author of *A Separation*, an electrifying story about a woman caught between many truths. An interpreter has come to The Hague to escape New York and work at the International Court. A woman of many languages and identities, she is looking for a place to finally call home. She's drawn into simmering personal dramas: her lover, Adriaan, is separated from his wife but still entangled in his marriage. Her friend Jana witnesses a seemingly random act of violence, a crime the interpreter becomes increasingly obsessed with as she befriends the victim's sister. And she's pulled into an explosive political controversy when she's asked to interpret for a former president accused of war crimes. A woman of quiet

passion, she confronts power, love, and violence, both in her personal intimacies and in her work at the Court. She is soon pushed to the precipice, where betrayal and heartbreak threaten to overwhelm her, forcing her to decide what she wants from her life.

Through illustrations and simple text, birds demonstrate the meanings of the words up, tall, and high.

Please do not read this book -- it's way too funny! No, really! The fun never ends in this sidesplitting sequel to *Do Not Open This Book!* Readers will be determined to reach the end of this hysterical story -- no matter what the little monster on the pages says or does. This time, he's pulled out all the stops to avoid having to go to sleep, and he's up to all kinds of hilarious shenanigans to stay awake! Readers will delight in defying the monster as he brings surprises and excitement to every page! This successful series from popular Australian comedian Andy Lee has sold over one million copies worldwide and has been translated into over 35 languages.

A laugh-out-loud look at one girl's epic dating history, as told by her friends, family, and foes!

Dispels the myths and misinformation about women and heart health, offering programs for women of all ages that cover such information as exercise and diet, hormone replacement therapy, and supplements and herbal remedies.

Challenging conventional wisdom on grief, a pioneering therapist offers a new resource for those experiencing loss When a painful loss or life-shattering event upends your world, here is the first thing to know: there is nothing wrong with grief. "Grief is simply love in its most wild and painful form," says Megan Devine. "It is a natural and sane response to loss." So, why does our culture treat grief like a disease to be cured as quickly as possible? In *It's OK That You're Not OK*, Megan Devine offers a profound new approach to both the experience of grief and the way we try to help others who have endured tragedy. Having experienced grief from both sides—as both a therapist and as a woman who witnessed the accidental drowning of her beloved partner—Megan writes with deep insight about the unspoken truths of loss, love, and healing. She debunks the culturally prescribed goal of returning to a normal, "happy" life, replacing it with a far healthier middle path, one that invites us to build a life alongside grief rather than seeking to overcome it. In this compelling and heartfelt book, you'll learn:

- Why well-meaning advice, therapy, and spiritual wisdom so often end up making it harder for people in grief
- How challenging the myths of grief—doing away with stages, timetables, and unrealistic ideals about how grief should unfold—allows us to accept grief as a mystery to be honored instead of a problem to solve
- Practical guidance for managing stress, improving sleep, and decreasing anxiety without trying to "fix" your pain
- How to help the people you love—with essays to teach us the best skills, checklists, and suggestions for supporting and comforting others through the grieving process

Many people who have suffered a loss feel judged, dismissed, and misunderstood by a culture that

wants to “solve” grief. Megan writes, “Grief no more needs a solution than love needs a solution.” Through stories, research, life tips, and creative and mindfulness-based practices, she offers a unique guide through an experience we all must face—in our personal lives, in the lives of those we love, and in the wider world. It’s OK That You’re Not OK is a book for grieving people, those who love them, and all those seeking to love themselves—and each other—better. “Two fuzzy creatures can't agree on who is small and who is big, until a couple of surprise guests show up, settling it once and for all! An original and very funny story about size -- it all depends on who's standing next to you”--Weston Woods website, April 7, 2016.

Two fuzzy friends are having a fun playdate when a new pal hops in. As the day continues, each friend feels left out at times. It isn't so easy to figure out how to act when everything seems to change. With humor and heart, the beloved characters from Theodor Seuss Geisel Award winner *You Are (Not) Small* navigate a friendship triangle as only they can.

Two fuzzy creatures can't agree on who is small and who is big, until a couple of surprise guests show up, settling it once and for all!

A strikingly original exploration of what it might mean to be authentically human in the age of artificial intelligence, from the author of the critically-acclaimed *Interior States*. “Meghan O’Gieblyn is a brilliant and humble philosopher, and her book is an explosively thought-provoking, candidly personal ride I wished never to end ... This book is such an original synthesis of ideas and disclosures. It introduces what will soon be called the O’Gieblyn genre of essay writing.” —Heidi Julavits, author of *The Folded Clock* For most of human history the world was a magical and enchanted place ruled by forces beyond our understanding. The rise of science and Descartes's division of mind from world made materialism our ruling paradigm, in the process asking whether our own consciousness—i.e., souls—might be illusions. Now the inexorable rise of technology, with artificial intelligences that surpass our comprehension and control, and the spread of digital metaphors for self-understanding, the core questions of existence—identity, knowledge, the very nature and purpose of life itself—urgently require rethinking. Meghan O’Gieblyn tackles this challenge with philosophical rigor, intellectual reach, essayistic verve, refreshing originality, and an ironic sense of contradiction. She draws deeply and sometimes humorously from her own personal experience as a formerly religious believer still haunted by questions of faith, and she serves as the best possible guide to navigating the territory we are all entering.

Not being able to agree who is small and who is big, two fuzzy animals have their argument settled by a couple of mystery guests.

Tiny T. Rex has a HUGE problem. His friend Pointy needs cheering up and only a hug will do. But with his short stature and teeny T. Rex arms, is a hug impossible? Not if Tiny has anything to say about it! Join this plucky little dinosaur in his very first adventure—a warm and funny tale that proves the best hugs come

## Read Book You Are Not Small

from the biggest hearts. Introducing an unforgettable character on the picture book scene, Tiny T. Rex will stomp into the hearts of readers in this winning new series.

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